

Requirements for Reducing or Eliminating Fossil Fuel Consumption

- ◆ Reducing energy use
- ◆ Converting fossil-fuel equipment, appliances, and vehicles to all-electric
- ◆ Using solar/wind energy to create renewable energy or purchasing renewable energy

Some Things You Can Do To Help Fight Climate Change:

- ◆ Install insulation
- ◆ Install LED lighting
- ◆ Use power strips/reduce vampire loads
- ◆ Install programmable thermostats
- ◆ Buy Energy Star/efficient appliances
- ◆ Reduce infiltration/stop air leaks
- ◆ Buy electric mowers, hand tools
- ◆ Live in a small house
- ◆ Replace old refrigerators
- ◆ Install solar PV (photovoltaic)
- ◆ Install solar thermal
- ◆ Install geothermal
- ◆ Compost food scraps (at home or through community compost with Zero-Waste Dayton or Dayton Foodbank)
- ◆ Recycle/use Hefty orange bag recycling program
- ◆ Reduce plastics
- ◆ Don't use disposables/use cloth napkins
- ◆ Use cloth bags/ and recycle any plastic bags at supermarket or box-store barrels
- ◆ Buy in bulk
- ◆ Use recyclable dishes (If you need disposable ones, use compostable ones)

Even More Things You Can Do:

- ◆ Install recyclable carpeting
- ◆ Grow your own organic garden
- ◆ Install composite decking made of recycled materials
- ◆ Use zero VOC paint
- ◆ Use a bidet
- ◆ Install low flow faucets & toilets
- ◆ Don't water grass/plant native plants
- ◆ Compost leaves/don't bag waste
- ◆ Run full loads of laundry/dishes
- ◆ Dry clothes on rack or clothesline
- ◆ Pack your own lunch
- ◆ Buy local/use Community Supported Agriculture
- ◆ Limit meat consumption (esp. beef & lamb)
- ◆ Buy Fair Trade
- ◆ Buy free range eggs
- ◆ String together errands
- ◆ Learn simple living by volunteering at places like Bethlehem Farm
- ◆ Educate through experiences
- ◆ Enjoy outdoor simple activities (hiking, putt-putt, etc.)
- ◆ Use green, socially responsible investing
- ◆ Invest in sustainable technology (solar power)
- ◆ Donate to sustainably-focused organizations
- ◆ Check out ESGs (environmental, social, and corporate governance)
- ◆ Buy electric cars
- ◆ Bike to work
- ◆ Live close to work



Call to Action

1. “Things You Can Do To Help Fight Climate Change” on the other side of this insert
2. Participate in *Connecting Over Climate* workshop: 10:30 am – noon, Saturday, October 5th, in the Chapel, 515 E. Third St., Dayton. Free and open to all. RSVP requested but not required to Lynn Buffington at ABUFFLG@gmail.com. The world is in the midst of overlapping climate crises. MVUUF is one of 350 UU congregations participating this fall in the UU Climate Revival through today’s Sunday service and our Oct 5 th Connecting Over Climate workshop, using the UU Climate Revival materials to connect over challenging realities and the intersection of the need for action with individual passions and capacities.
3. Join the MVUUF email Google group: Climate@mvuuf.org. Send an email to climate@mvuuf.org with the subject “subscribe.”
4. UUSJ Advocacy, limit harm from family farms: The climate team at UUSJ (UU’s for Social Justice) asks us send Food and Water Watch’s message in support of the Farm System Reform Act. Use the prepared message or customize it at:
<https://act.foodandwaterwatch.org/page/71215/action/1>
5. 350.org Advocacy: For an effective COP29 that proceeds with integrity. COP29 is the November 2024 UN Climate Conference. Add your name to the letter to Mr. Mukhtar Babayev, President of the COP29, urging him to remove the head of Azerbaijan’s state oil company from the COP29 organizing committee. <https://act.350.org/sign/us-open-letter-cop29/>
6. Sierra Club Advocacy: Urge President Biden to limit the growth of fossil fuels in the time remaining in his term and to build on the significant progress made by the various climate provisions of the Inflation Reduction Act. Send the message urging three actions, customizing if you wish, at <https://act.sierraclub.org/actions/National>
7. UUSJ Advocacy: Ask Congress to pass the Earth Bill, also known as the Earth Act to Stop Climate Pollution by 2030 (H.R. 598). The Earth Bill “focuses on three industrial elements: electricity, cars and food as core consensus solutions with broad support among Americans.” Learn more and use the prepared message or customize it at
https://uusj.salsalabs.org/earth-bill_hr598_2024/index.html
8. Learn and share what’s at stake in the 2024 election for addressing the climate crisis:
Use the nonpartisan Project Vote Smart; for example, enter a candidate and then click on the ratings tab to see endorsing organizations.
<https://justfacts.votesmart.org/elections>

Presidential candidates on climate:

<https://www.washingtonpost.com/politics/interactive/2024/trump-harris-climate-change/>

Project 2025 and climate:

<https://www.americanprogress.org/article/project-2025-would-jeopardize-globalclimate-action/>

This insert will be emailed to news@mvuuf.org and posted on the MVUUF Beloved Community closed Facebook group. You can also request an email copy from Lynn at ABUFFLG@gmail.com